



NATIONAL KUNDALINI YOGA TEACHERS ASSOCIATIONS (NKYTA)

Are the Teachers in Your Community Ready to Build Your National Kundalini Yoga Teacher Association (NKYTA)?

Here are ways to begin:

- Connect to the KRI Teacher Trainers who offer KRI-certified trainings in your country to see which teachers they recommend as inspired leaders to help organize a NKYTA.
- Talk with any local or regional teacher groups for support and ask for their involvement.
- Invite all KRI-certified teachers to join in the conversation.
- Investigate as a group why you want to have a NKYTA.
- Determine who on the team has specific strengths, as well as interest and time to work, in certain areas.
- Review the NKYTA Agreements [link to that page].
- Participate in the monthly NKYTA Meeting [link to that page] for inspiration and to get acquainted to the international community of teachers.
- Ask IKYTA for support! Email Jai Gopal, the NKYTA Coordinator, at jaigopalk@ikyta.org