

SPRING & SUMMER SCHEDULE

Starting May 1st!

In-Person and ONLINE!

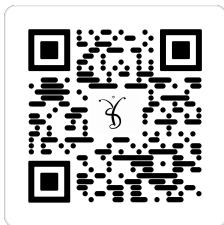
Kundalini Yoga

9am-10am every Monday,
Wednesday, Thursday.

Yoga Nidra

9pm-9:45pm Tuesday.

Visit www.yogistrong.com for
workshop list



Scan for Schedule

