



GREENGO
HOUSE *yoga & arts*

greengohouse.com

GREEN - GO HOUSE

YOGA & ARTS

... Arts with inclusion, Yoga for integration

Located in one of the most beautiful neighborhoods of Miami, as part of "Upper Buena Vista retail sanctuary", **Green-Go House is born.**

Beautiful gardens, music, no physical barriers, open arms, and a big smile to welcome you with this new proposal specially conceived for you.

...Arts & Yoga as a healing tool.

We will host the open-air photo exhibition " WE IMMIGRANTS " created by the Brazilian artist Michelle Costa.

Other temporary exhibitions will give opportunities to different artists in the World.

We will also screen open-air, feature films.

Both experiences will be also conducted with the help of blind people and the experience of the "audio-description method" created by the film director Jorge Dyszel.

We will have Yoga classes and multiple healing workshops inspired by the Kundalini Yoga principles.

No physical models. No acrobatic and complex postures. No competition.

Just healing...

...Experience is not what we live, it is what we do with what we live.

...We are spiritual beings living a human experience.

Michelle and Jorge Costa Dyszel